

Cedar Springs Junior Ball League

Blast Ball Rules

- 1. Regulation ball rules shall be in effect except as modified by the following rules.**
2. All games will last 5 innings or 1 ½ hours, whichever comes first.
3. The Blast Ball object is to hit the ball and run to 1st base. This blast ball base honks at them. They do not run to 2nd, 3rd or home. This is to get them heading in the right direction after hitting a ball.
4. When on defense a maximum of 7 players will be allowed on the field. Equal playing time is the goal. There should be cones set out for positions.
5. All players will bat in order regardless of defensive assignments.
6. Tennis shoes and cleats are allowed. No sandals or metal cleats!
7. Batters must use the Blast Ball batting tee and bat. Batters should be taught the proper batting positions prior to the games so minimal time is spent during the game. The pitcher shall remain in position until the ball is hit.
8. The offensive coach shall be responsible for placing the ball on the tee and positioning themselves in a location at home plate to make calls. Offensive base coaches will umpire the bases. Head coaches have final say on all calls.
9. 5 swings are allowed—after that the runner goes to 1st base.
10. Bat around your lineup and then your team will take the field.
11. There are no catchers in Blast Ball.
12. All offensive players must be seated on the bench except the batter and any base runners. **Under no exception will there be an on-deck batter swinging the bat.**
13. No chattering is allowed by either team or spectators.
14. If there is a disagreement over a call, it will be dealt with by the two head coaches in an observed manner. If it cannot be resolved the game will be called immediately.
15. Proper techniques should be taught so players fielding balls and running towards the base runner to tag them out in most situations is not allowed. They should be throwing.
16. Coaches are responsible for their players and parents and should express good sportsmanship at all times. We are here to teach the players the game and to have fun. Score will be kept and should be discussed with your team. Keeping the other teams score silent is part of our non-competitive nature for Blast-ball.
17. Base length will be 50 feet and the pitching mound is 35 feet.